

Be®

by THE SOUFEIAN GROUP

WATER MENU

Exclusively Curated for

Be DTLA

by Water Sommelier

Martin Riese



Introduction

Health is your wealth and our wellness apartment community strives to present unique experiences.

Water is essential to life. But are all waters the same? The answer is no.

World's Water Sommelier Martin Riese has curated a water selection exclusively for the residents at Be DTLA by The Souferian Group that demonstrates the difference in taste between waters sourced from various regions of the world. Terroir affects water just like wine.

Let us take you on a global journey of water with a few of our favorites available at Be DTLA's Hydration Station by Martin Riese.

"Water is sometimes sharp and sometimes strong, sometimes acid and sometimes bitter, sometimes sweet and sometimes thick or thin, sometimes it is seen bringing hurt or pestilence, sometimes health giving, sometimes poisonous. It suffers change into as many natures as are the different places through which it passes."

– Leonardo Da Vinci

What is TDS?

TDS stands for total dissolved solids. It measures the mineral composition of any given water, which results in creating its own specific flavor profile and character. TDS levels determine how much sodium, magnesium, calcium and other minerals are present, therefore informing how your water of choice will pair with your food of choice. In our water menu, these levels begin at under 20 mg on the low end and go all the way up over 3,000 mg on the high end.

Sodium (Na)

Sodium is important for the proper functioning of nerves and muscles. It is also essential for the exchange of water between the cells. Together with chloride, sodium forms our normal salt used to spice up our regular diet. While too much salt is unhealthy, none at all can lead to serious malfunction in our body.

Magnesium (Mg)

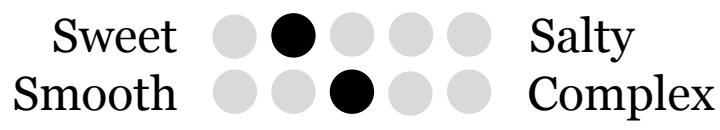
Magnesium is known as the anti-stress mineral. It is essential for maintaining the equilibrium between our muscular and nervous system. It is also important for converting blood sugar into energy. Magnesium is also useful in fighting osteoporosis and kidney stones.

Calcium (Ca)

There is more calcium in the body than any other mineral. It is used to maintain strong bones and teeth and keep your heart beating regularly. Calcium also aids in muscle activity and the transmission of nerve signals.

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FRANCE

Evian

The water begins as rain and melt-water filtering down through sandstone and gravel in the French Alps. It takes 15 years for the water to pass through the mountain before rising to the spring, along the way it picks up calcium and magnesium producing a slightly bitter, unique taste.

Type: Still

TDS: 357 mg

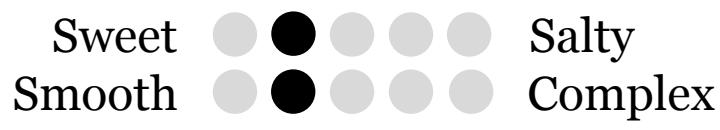
Content: Sodium 6.5 mg
 Magnesium 26 mg
 Calcium 80 mg

Size: 750 mL



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Iskld Denmark

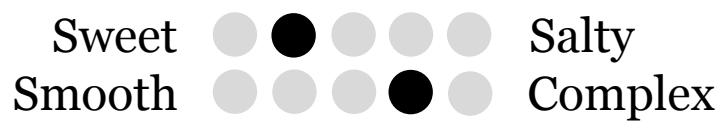
The landscape in Southeast Jutland is dominated by moraine hills, partly covered by pristine woodlands of beach and oak. The hills were formed when the glaciers retreated at the end of the last ice-age, 10.000 years ago. They are made of interlaced sediments of quartz-sand, clay, and soil. Water sieves through the soil and sand and is trapped between layers of clay, thus forming the basis for artesian sources. The geological conditions for artesian wells are only found in a few places in Denmark and we are fortunate to be able to tap into one of them. It has a refreshing taste with a slightly sweet aftertaste, it is alkalic, and has a high oxygen content.

Type: Still
 TDS: 325 mg
 Content: Sodium 21 mg
 Magnesium 80 mg
 Calcium 6 mg
 Size: 670 mL



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Three Bays Australia

Deep below the picturesque Mornington Peninsula at the base of the world's oldest continent, Australia, lies one of the deepest and most ancient aquifers ever discovered. This water catchment, known as the Palaeolithic Basement, is 900 metres below the ground and measured at an astonishing 600 million years old. In an incredible 2000-year journey, a trickle of water pushes through layers of mineral-rich red soil to reach the surface. From this natural and rare artesian spring, Three Bays simply harvests the overflow.

Type: Still

TDS: 1300 mg

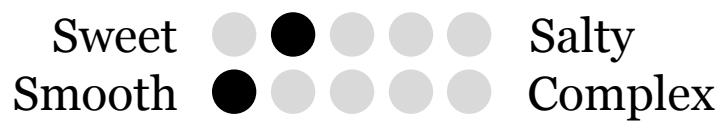
Content: Sodium 190 mg
 Magnesium 92 mg
 Calcium 64 mg

Size: 750 mL



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ROMANIA

Aur'a Gold Water

Aur'a natural gold water emerges in a region called "Gold Hawk Mountain" where since Roman times men have harvested rare precious metal ore. Aur'a originating from the Ursoanea spring (Ursoanea Valley) located in Ocna de Fier, Caraș-Severin, in the hydrographic basin of Moravița. Aur'a emerges to the surface naturally filtered by sand, gravel, cobble and clay. Crossing a gold and silver underground ore, the water is naturally enriched with colloidal gold and silver. Aur'a is certified as a natural mineral water and the water is not treated or modified by adding or removing any elements.

Type: Sparkling

TDS: 390 mg

Content: Sodium 4 mg

Magnesium 24 mg

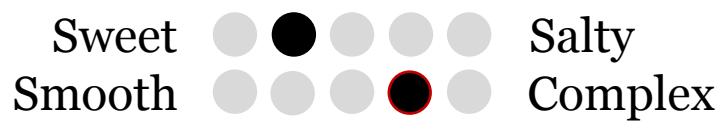
Calcium 70 mg

Size: 330 mL



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ITALY

Ferrarelle

This water of volcanic origin begins its life in the south of Italy. It takes ten years for the water to pass slowly through the underground rock and uncontaminated depths of this source. As it does, Ferrarelle water encounters the natural gas of an ancient and now extinct volcano gaining its effervescence and producing a full, pleasant taste.

Type: Sparkling

TDS: 1285 mg

Content: Sodium 49 mg
 Magnesium 18 mg
 Calcium 362 mg

Size: 750 mL



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Sweet ● ● ● ● ● Salty
Smooth ● ● ● ● Complex

SPAIN

Vichy Catalan

This water rises from a very unique 140 F hot spring in Girona, in the Catalan region of Spain. Ancient rulers, conquerors and health-seekers have been coming to this spring for health benefits since the Middle Ages. The TDS level in this water is simply mind-blowing. At a staggering 3,052 milligrams per liter, you are certain to get a full dose of several key minerals including Calcium, Magnesium, Sodium, Potassium, Bicarbonate, Fluoride and Silica. At these levels of content, carbonation comes at high pressure so be careful opening.

Type: Sparkling

TDS: 3052 mg

Content: Sodium 1100 mg

 Magnesium 6.4 mg

 Calcium 14 mg

Size: 1 liter



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LEGAL DISCLAIMER

The information provided on the Water Menu is for informational purposes only. The Water Menu is provided "as is" without any representations or warranties, express or implied. Nothing on this Water Menu constitutes, or is meant to constitute, advice of any kind. If you require advice in relation to any [legal, financial or business] matter you should consult an appropriate professional.

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Indemnification

You agree to indemnify, defend and hold harmless Be DTLA and our parent, subsidiaries, affiliates, partners, officers, directors, agents, contractors, licensors, service providers, subcontractors, suppliers, interns and employees, harmless from any claim or demand, including reasonable attorneys' fees, made by any third-party due to or arising out of your breach of these Terms of Service or the documents they incorporate by reference, or your violation of any law or the rights of a third-party.

**"WATER IS NOT
JUST WATER"**

- MARTIN RIESE

for more info on Martin Riese:

